Building Healthy Communities: New Hampshire 2020

Our Regional Impact

2,486  HARVARD PILGRIM EMPLOYEE SERVICE HOURS HELPING LOCAL COMMUNITIES IN REGION

$11.7 million  VALUE OF THE FOUNDATION’S CHARITABLE GIVING AND SERVICE

$7 million  COVID-19 RELIEF FUNDS TO SUPPORT COMMUNITIES IMPACTED BY THE PANDEMIC

95%  HARVARD PILGRIM EMPLOYEES WHO PARTICIPATED IN AT LEAST ONE SERVICE OR GIVING ACTIVITY

Harvard Pilgrim Foundation Investments in New Hampshire:

<table>
<thead>
<tr>
<th></th>
<th>COVID GRANTS</th>
<th>OTHER GRANTS</th>
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<tbody>
<tr>
<td>Total Sponsorships</td>
<td>$1,328,116</td>
<td>$301,525</td>
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<tr>
<td>Total Grants and Sponsorships</td>
<td>$132,093</td>
<td>$1,761,734</td>
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Read on for more details.

COVID-19 Relief Grants: As COVID-19 spread across New England, the Foundation responded with food, volunteers, expertise and more than $1.3 million in funding to bolster local New Hampshire responses. In Manchester, we partnered with Families in Transition, providing nearly $182,000 in funds to deliver hot meals and healthy food to thousands of families and older adults in need. To address health disparities in communities of color and vulnerable populations, we also provided funds to community health centers in the region, including Amoskeag Health Center, Manchester, $233,000; Coos County Health Center, Berlin, $233,000; and Harbor Homes Health Center, Nashua, $233,000.

Healthy Food Fund Grants: We awarded $95,000 in second-year grants to Gather in Portsmouth, Greater Nashua Food Council, Taproot Farm in Lancaster, and Willing Hands in Lebanon to grow, glean and distribute fresh, local food.

Harvard Pilgrim Community Spirit 9/11 Mini-Grants Program: Every Harvard Pilgrim employee can designate a $500 grant, funded by the Foundation, to the nonprofit of their choice. A total of $23,700 was distributed through 51 mini-grants in New Hampshire.

Mobile Farmers’ Market (Seacoast and Manchester): With our ongoing grant support of $30,000, the Seacoast Area Mobile Market ensured residents in Dover, Farmington, Milton and Rochester had access to fresh, healthy food. A $60,000 grant to the Organization for Refugee and Immigrant Success helped its year-round mobile produce market deliver fresh food to low-income neighborhoods in Manchester and Concord, and support targeted food donations to community organizations helping those impacted by COVID-19.

Helping Older Adults: We provided a training grant to Elder Services of Merrimack Valley’s Healthy Living Center of Excellence to provide virtual training to support family caregivers of Alzheimer’s disease patients and Matter of Balance workshops for older adults to prevent falls.

NH Food Bank: With a $158,250 grant, the New Hampshire Food Bank expanded its North Country Fresh Food project to deliver more fresh, nutritious food to those in need in Northern New Hampshire through the Fresh Food Pantry, North Country Farmers’ Cooperative and Mobile Food Pantries.

Civic Engagement

Riverbend: Champions for Mental Health Event

Juvenile Diabetes Research Foundation: Gala

The National Alliance of Mental Illness: NAMIWALKS NH

CASA NH: UNH Football Touchdown Club donation

UNH Foundation: Donation to assist food-insecure students during the COVID-19 pandemic

The Greater Manchester Mental Health Center: Benefit Celebration for Mental Health